



## **International Congress “Promoting brain health through exercise across the lifespan”**

14/10/2021

The International Congress “Promoting brain health through exercise across the lifespan” will be held in Granada (Spain) in December 9-10th 2021. You will find the latest updates on its [website](http://cimcyc.ugr.es/).

This Congress, as part of the IAD 2021 annual training program, will provide information on the current understanding of the effects of exercise and associated predictors on brain health across age groups and health conditions. It will gather researchers from all around the world who will present the scientific advances in their areas of expertise.

The abstract submission is already open. The deadline for abstract submission and early registration is November 14th and November 22nd respectively. There will be selected oral communications, poster exhibitions and awards to the best oral communication and poster.

The congress merges a high-level scientific program together with a lovely social program to allow interactions among attendants and speakers, as well as to get to know a bit more of the cultural attraction of Granada.

